



HORSE WARRIORS™

Design Time!

WOW - DID WE EVER HAVE FUN WITH THIS PROJECT!



Do You Need a Logo?



We've waited a whole year for this activity! Last year, when Taylor-Ann Smith, of Shadowbox Creative, visited and taught our wonderful scratchboard session, she showed us some of her "real job" projects. She is a professional graphic artist with local and national clients, and her portfolio inspired our students to learn as much as they could about Graphic Design.

Students brought their laptops and tablets and spent the day learning the new software and designing a variety of projects. They were so delightful that we hope their creative efforts show up in our communities soon!

Check us out on Instagram! Meet our horses and see daily program updates!

ASSIGNMENT: Design Your Dream Food Truck

We were given the task of designing a poster, logo and stickers for what we would like to have as our favorite Food Truck. It could be anything at all!

It had to include:

- **Business Name**
- **What it Does**
- **Where it's Located**
- **Hours of Operation**
- **Contact Info**
 - Phone**
 - Website (if there is one)**

We could use any of the stock photos or graphic images that came with the design software, or we could import images of our own into the designs.

Taylor-Ann also let us run with our imaginations and design other cool things, too!



From Cookbooks, to Magazines to Graphic Novels, Taylor-Ann guided us on our journey of understanding the elements of good design. She showed us lots of examples of layouts that did and didn't work well.

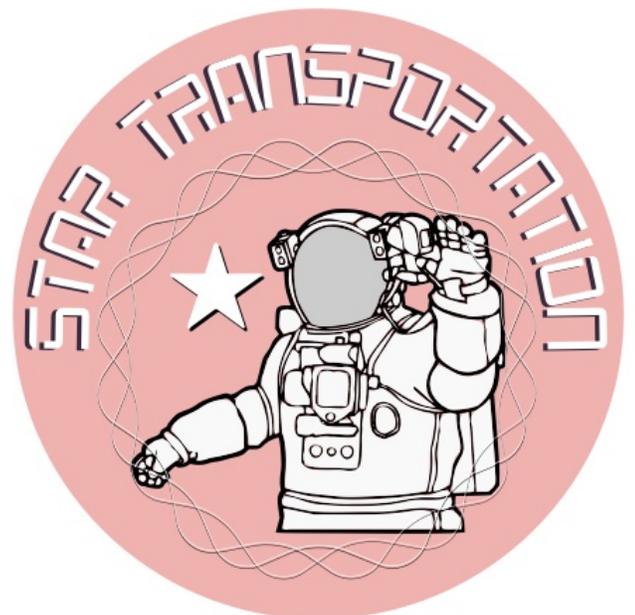


HERE'S WHAT THOSE CREATIVE MINDS SHARED

Who doesn't like Cake?



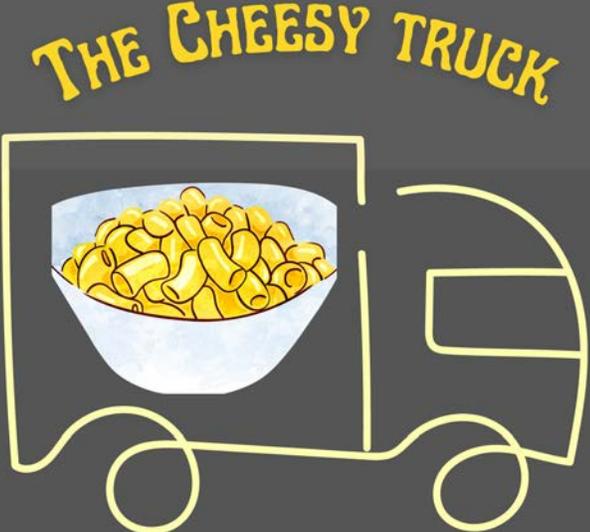
Or Star Travel?



How About a Game?



IMAGINE THESE!!



THE CHEESY TRUCK

Your choice of Noodles, Cheeses, Toppings, Sauce



Hours of service
Mon-Fri 9-9
Sat-Sun 9-10

Find us at 2300 s 25th E
Idaho falls, Idaho



galloping greens

Come enjoy some yummy salads
Would love for you to come
try out many different
salads
come find us at
100 Wright St
Thayne, WY 83127
United States
or call us at 208-943-1276



Salads

- Italian salad
- Chef salad
- Greek salad
- Seafood salad
- Fruit salad
- Spinage salad

Opens at 10:00am
Closes at 8:30pm

We are located at
100 Wright St
Thayne, WY 83127
United States



You can contact us at
208-943-1276

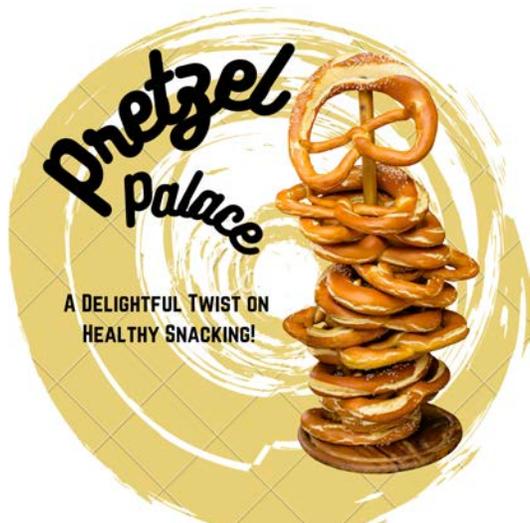
Posters,
Stickers,
Logos!



Galloping Greens

208-943-1276
Come get your salad

SNACK SENSATIONS



Pretzel
Palace

FRESH & FLAVORFUL!

- Plain
- Sea Salt
- Garlic
- Pesto
- Pizza
- Caramel
- Chocolate
- Cinnamon
- Jalapeno

SUNDAY TWOFERS!

Open 7 days a week

9 am - 4 pm

1740 Lost Creek Road
Thayne, WY

307-690-6124



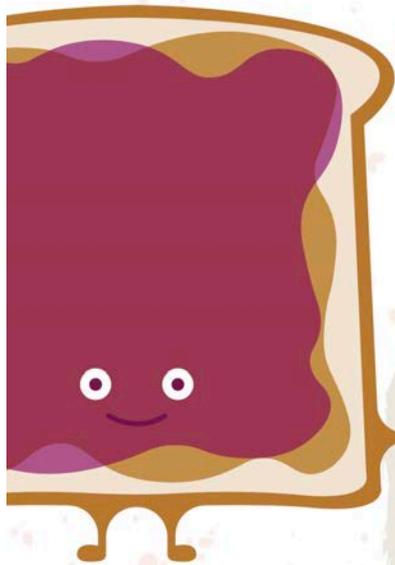
WWW.PRETZELPALACE.COM



Think we should
trademark these
great names???

ALL-AGE FAVORITES

BUTTER N JAMZ



GRAND
OPENING!
MAY 1, 2022

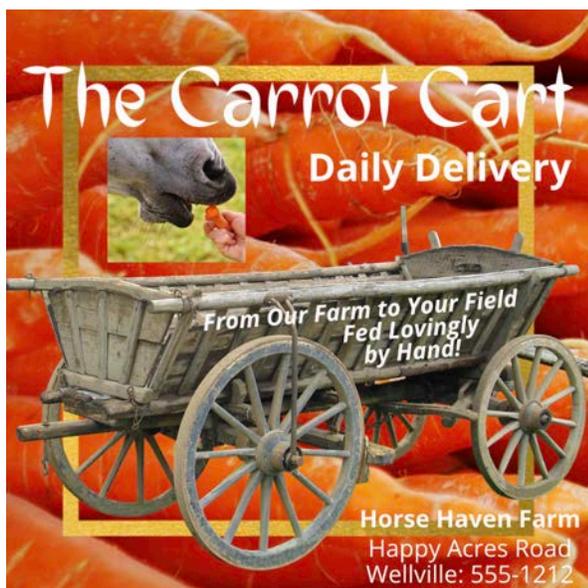
Come check out Jackson's
ONLY make-your-own
butter n' jelly food truck!

- 8 bread choices
- 5 nut butters
- 15 jam choices

*We offer gluten-free, vegan,
nut-free, and dairy-free options!*

1040 SOUTH STREET

Open 11am - 9pm daily
www.butter-n-jamz.com



It seems that the horses felt excluded. It was snowing all day when Taylor-Ann was here, and there was no riding, so they apparently used a secret listening device and learned how to do this all on their own. This was submitted anonymously, but it had all the “earmarks” of a **Biscuit/Nubbin Caper!**

ON THE ROAD



February was Adventure Month for some of our herd members and volunteers. We were invited to be part of the Mini-Mester programs at **The Jackson Hole Community School**, specifically the one titled: **Animal Lovers**.

We met one afternoon at the school, and did an exercise that showed how we can feel each other's **"Energy Bubbles,"** just like horses do. We talked about horse language, herd dynamics, energy fields, body language signals horses use to communicate with each other, the differences between horse vision and human vision, and safety around horses.

The next morning we loaded up the horses in the dark - complete with their traveling blankets because of the wind chill factor in the trailer - and drove up to Jackson to the (very warm, yay!!) Heritage Arena. **The horses had a ball** - everyone rolled in the deep sand and raced around till they got sweaty with their shaggy coats. Then they were "civilized" enough to meet the JHCS students and play with the obstacles.

The horses were SOOOO happy! They love meeting people and showing off. They each quickly chose their **"very own person"** and happily taught the students to pay full attention to them and tell them how great they were (the horses love that!!) The students were instant successes. They created gentle bonds with their horses, navigated the lead-line obstacles, and made some new, very furry friends. It was a pleasure for horses & staff to work with this group!



[Click Image to Play Video](#)

HUMANITIES FOCUS



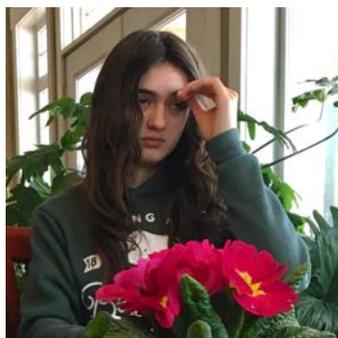
Matt Daly, humanities scholar and published poet, facilitated deep, day-long conversations about bias in our lives. Cultural bias, personal bias, **conscious and unconscious bias** were explored through discussions and writing exercises throughout the retreat.

We shared personal interpretations of bias in ourselves, our families and social groups, in an effort to **understand both its positive and negative attributes**. Some of our writing exercises were pretty humorous when we wrote about the upside of our "weaknesses!"

We also participated in a fascinating activity of identifying emotions that helped us assess **our own levels of compassion**. It was perfect dovetailing with our intuitive work with horses!

BIAS
BIAS
BIAS
BIAS

BIAS
BIAS
BIAS
BIAS



Do Our Biases Unite or Divide Us?

- Does Bias lead to Prejudice? Or the other way around?
- Are biases factual?
- How do our personal filters affect bias?
- How do we act on our biases?
- Can we be compassionate in the face of (someone else's) biases?
- How to we discuss bias in a calm and non-threatening way?

This was a day for Heavy Thinking



We spent a number of hours writing with serious intent! Matt gave us many prompts, with pauses for discussion and sharing. One of our first explorations was identifying our **3 core values**. From there we looked at the flip side of those, and some wrote poems addressing the impacts of that opposite perspective. Here are some examples of what came out of our thinking.

3 Core Values

1. desire to **learn**, both academically and socially
2. desire for **fairness**; being able to see both sides of an issue
3. desire for **respect**; even if someone's opinion is different, they are all still a person

Negatives

1. assuming people don't want to learn based on their actions
2. being so objective I hurt feelings
3. basing respect for a person on respect for their opinions

Ode to Blind Spots

(not respecting people because they don't respect you)

one person says they don't agree with you.
 two differing opinions, and then you break
 value three, which tells you to
 respect other people
 for they are people too, regardless of
 whether or not they agree with you.
 which they don't.
 and you look at them, and mock them, and
 shame them
 and blame them.
 and because you don't follow my value
 number three
 i don't respect you.
 and somehow along the way, caught up in
 righteous anger,
 I forget that I don't seem to respect value
 three, too.

3 Core Values

1. being **open** and understanding
2. create **safe** place
3. being **trustworthy**

Negatives

1. being too open
2. a place may get unsafe, or get too safe
3. can I tell the truth?

To My Unsafe Safe Space

To my unsafe safe space
 You may be safe for some
 but not for others
 You are a safe space for all
 Why may some feel that?
 Who should we create a safe
 space for?
 You are the space people want
 but
 may not understand
 How will we keep this
 space safe?
 You are the unsafe safe space.

3 core values

1. **Fairness:** I believe people and animals should be treated with fairness and respect in order for them to grow and manifest their goals
2. **Kindness:** is sometimes hard to offer but it allows for personal safety in interpersonal engagement
3. **Openness:** allows growth and the opportunity to assimilate new ideas

Negatives

1. **susceptible to many interpretations**
2. **can prevent keeping safe boundaries**
3. **can become wishy washy**

Matt asked us how we coped with some of the pressures and biases we faced each day, and it was interesting to hear so many similar themes about what we each did to keep ourselves emotionally safe. Being vulnerable is often hard, especially if you feel you are in situations where your opinions and beliefs might not be the same as those around you.

Armor

Tunic goes on first. rather than build armor from scratch, i take my already existing smiles and like there's a string on my head, ballerina-like, make them bigger, more brilliant. pull myself up. next is the chest plate. the largest piece of metal, protecting my vital organs. taking false confidence and layering it under indifference. to myself, to my actions, to how people think of me. then come the arm and leg guards. covering less space, but shielding the less obvious weak points. a spear to the chest might kill me, but a knife to the leg hurts just as much. quirky habits, too loud laughs, sharp words and silver tongue. helmet is last, covering the edges of my vision, so nothing can pierce my eyes. ignoring insults and dirty looks, nothing can hurt me.

Ode to Waffling

You are the wind that blew cyclones through my certainty, tore the hinges from the casings of firmly fastened doorways. You turned clear signals of left, right. good, bad into a river of Perhaps. You saved me from rootedness, wafted me high above believing in any truth for longer than it took to turn a page and be seduced into proselytizing

Trust

A bird sitting on a tree is never afraid of the branch breaking, because its trust is not on the branch but on its own wings.

Yearning

She yearns to be understood, for a warm light to shine upon her and open her soul. To finally break free of the world's eyes that pierce through her skin

Experiencing bias is something we all have felt, and it is especially hard sometimes, when we are doing our best to live inside our own personal values. Here's one student's example of a real-life situation for her.

Standing behind the counter in the small shop, you hear, "What do you know about fishing? **You're a girl. Don't you have any guys around?**"

"No, sir, we do not." You zone out the rest as you've heard it many times before. It's all the same. The man walks past your mother, who was just helping him, making his way to the counter, scoffing. You hear him mumble, "**All women in this shop.**"

"Is this it for you today, sir?" you say, trying to make sure it sounded friendly as you ring up the last item. You only get a small mumble in return. Handing the man his receipt with a smile, you watch him walk out and slam his door. You turn your head to your mom and hear her say, "Well, sometimes people suck and you can't change anything about them."

"Yeah, you're right, Mom," you say, leaving the conversation at that as the next customer walks in.



We hope that by continuing to discuss social challenges in a safe space, we can help create better, healthier relationships throughout our community. These interactions help reveal our commonality, which leads to more tolerance and understanding. We are grateful for the willingness of our students and instructors to tackle the "big issues," and to be open to change.



The art and writing programs at Horse Warriors™ are supported through annual grants. We want to thank the [Community Foundation of Jackson Hole](#), [The Wyoming Arts Council](#) and the [Wyoming Cultural Trust Fund](#) for their funding of art supplies, program logistics, and honoraria for our guest instructors. Because of their generosity, our participants receive professional art instruction in a variety of media, both in the studio and out in the natural world. This project is also funded in part with an Arts For All grant provided by the Town of Jackson and Teton County.



Ella is adding another horse to her lineup - she and **Cap** will be working together this summer, in addition to working with **Bella**.

What has the "Horse Trainers Group" been up to lately?

Since Priscilla has been healing up from her rib surgery (almost done!) not too much riding has been happening. Just a little. But there has been a lot of art and watercolor/acrylic paint practicing going on! AND lots of spring shedding!



(Yes, food is a theme when you are painting after a long day at school!)



UPCOMING DATES & OPPORTUNITIES

• • • 2022 COURSES • • •

Power Ponies™: 8-week program **June 14-August 9**; Riders age 6-11 with an accompanying Parent/Caregiver; Tuesdays at the Heritage Arena (Jackson - TC Fairgrounds); 2 sessions 9AM-11AM - **OR** - Noon - 2 PM (**3 Spaces left**)

Mighty Mustangs™: **June 16- August 11**; previous Power Ponies™ participation required; age 7-11 (**All Sections are Full**)

Horse Warriors™: Year round, ongoing program - **new students start June 13**; Riders age 12-18; Heritage Arena (first 3 weeks) and backcountry trail riding; summer Mondays 9AM-4PM (**2 Jackson spaces left**); all **Star Valley sections are full**

Professionals' Training: **May 29-June 4**; residential program for equine professionals; **full with Wait List**

Women & Horses: **September 16-18**; **full** with option for second group September 23-25 if enough interest

C.O.R.E: Corporate and Organizational programs; call for booking: **307-690-6124**



SAVE *the* DATE!

The White Horse Social is back!

More FUN than you can imagine!

Horse Painting, Ice Cream Social, Art and Ponies! **Fun for all ages** (especially younger children!)

TUESDAY, JULY 26, 2022

at the Teton County Fairgrounds - Stay tuned for more info!