



HORSE WARRIORS™

MAY 2021 ONLY BRING US THESE MASKS!!

Some of the masks from our January Art Retreat - beautiful work!



RAVEN



DREAMER



BELLA



SPIRIT



LEIA



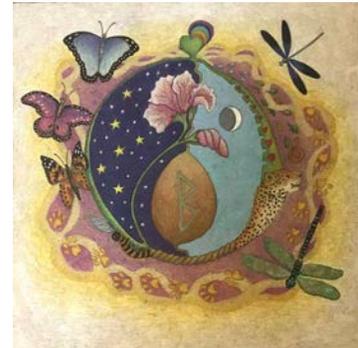
DILLON

Check us out on Instagram! Meet our horses and see daily program updates!

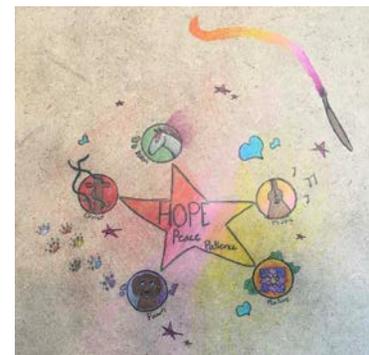
WINTER CLASSES & ACTIVITIES

WHAT'S BEEN HAPPENING?

1. We have been planning for a return to "Near Normal" for 2021! Check out our Spring-Summer-Fall offerings in this newsletter.
2. We have 2 new mares who have joined the program; one is a replacement for Grainne who is now fully retired, and the other is an after school project horse for our upper level students; new horses are adjusting to their environment and making some friends.
3. Horse training continues with all the colts now being under saddle (different stages, of course!).
4. Snow is here! Thank goodness for our new snow blower for the Diamondfly's tractor.
5. Staff and students have been practicing excellent COVID prevention and we are happy to report everyone is HEALTHY!
6. Art projects are highlighting everyone's creativity and we are sure proud of the results.



Here are some of our beautiful mandalas from our December art retreat. We have a couple more still in progress, but we wanted you to see these gems!



COURSES: "NEAR NORMAL"

We have a full lineup of courses planned for this year. What may not be "normal" is our need to continue with our COVID precautions! But since everyone is now accustomed to wearing masks and thinking of others, we feel confident that we can offer safe, enjoyable classes again. We fine tuned our protocols last year in our abbreviated programs so this year we know what to do.

All our courses are on our website along with application tabs. (Please, please, please, if you see any typos or glitches on our website, email us at horsewarriors@wyoming.com and we will fix them right away!)



Somatic Experiencing Workshop
 May 28-29, 2021 9AM- 4PM
 \$275 (includes lunch): Diamondfly Ranch, Thayne, WY
 CEUs Available - Limited to 12 participants

Nancy Waite-O'Brien, Ph.D
 Licensed Psychologist
 Certified SE Practitioner
 Former VP of Clinical Services: Betty Ford Center
www.windhorsecrossing.com

"Somatic Experiencing, or SE, is a form of alternative therapy aimed at relieving the symptoms of post-traumatic stress disorder (PTSD) and other mental and physical trauma-related health problems by focusing on the client's perceived body sensations (or somatic experiences). It was created by trauma therapist Peter A. Levine." (Wikipedia)

This work is powerful, liberating and highly recommended for teachers, therapists, equine facilitators, and virtually anyone working with populations who may have unresolved trauma.

ENROLLMENT: 307-690-6124
horsewarriors@wyoming.com

Our first offering this spring is a course in **Somatic Experiencing**. This is an excellent, 2-day class for therapists and school counselors. It helps participants understand and release stored trauma and is an effective model for insuring change.

Nancy Waite-O'Brien is a widely respected clinical practitioner with many years of success in the field of psychotherapy. A lifelong horsewoman, she is gifted in incorporating the responses and teachings of the horses in order to help her clients. This is for lay people as well, but is particularly helpful for therapists interested in the possibility including equine assisted services in their practices.



HORSE WARRIORS' ANNUAL
Professionals' Training
IN JACKSON HOLE
 EQUINE FACILITATED LEARNING • EQUINE FACILITATED PSYCHOTHERAPY
 40 CONTINUING ED/CERTIFICATION HOURS FOR EAS
May 30 - June 5, 2021
COST: \$1925 - INCLUDES SHARED LODGING AND ALL MEALS -

Join us for a Unique Opportunity to Learn (Mounted and Unmounted) Techniques for Equine Gherapies

- EFL/EFP FACILITATION TRAINING & CRITIQUES
- SOMATIC EXPERIENCING
- MINDFUL HORSE INTERACTION
- MOUNTED & UN-MOUNTED WORK (with the pastured herd of 24 horses)
- CURRICULUM DESIGN
- ROLE PLAYS
- ARTS INTEGRATION
- MOUNTAIN TRAIL RIDING
- ARENA RIDING
- LEADERSHIP ASSESSMENT
- HORSE EVALUATION
- HANDS-ON EXPERIENCE
- EXCELLENT INSTRUCTION!
- DELICIOUS FOOD!

INSTRUCTORS:
PRISCILLA MARDEN
CEIP-EQ, CEIP-EH, ESHM, Executive Director, Horse Warriors™, Jackson Hole, WY

NANCY WAITE-O'BRIEN, Ph.D
Licensed Psychologist, CEIP-MHC, Somatic Experiencing Practitioner, Owner, Wind Horse Crossing, Mountain Center, CA; Former VP of Clinical Services at the Betty Ford Center

To ENROLL: 307-883-7464 - LIMIT: 6 PARTICIPANTS
HORSEWARRIORS@WYOMING.COM
WWW.HORSEWARRIORS.COM

Next in our schedule is our ever-popular annual **Professionals' Training**, taught again by HW staff and Nancy Waite-O'Brien.

This 6-day residential program is intense, packed with useful and immediately applicable skills and information. There is a lot of hands-on work with the horses - mounted and unmounted - along with arts integration and a day out on the trail in the mountains. The instruction is superb, the food delicious, the facility peaceful, and the horses full of huge hearts and the best of intentions. **We hope you can join us!**

COURSES: YOUTH PROGRAMS



Summer Horse Programs for Kids Ages 6-11

with an Accompanying Parent, Grandparent or Adult Caregiver

Programs Include

- Horsemanship
- Horseback Riding
- Relationship Building
- Respectful Communication Skills
- Games and End-of-Year Gymkhana

8 weeks beginning June 15, 2021

Jackson Programs (2):

Tuesdays at Wilson Arena, Wilson, WY

Star Valley Programs:

Thursdays at Diamondfly Ranch, Thayne, WY

For More Information or to Enroll Please Contact:
HORSE WARRIORS™
 (307) 690-6124 or 307-883-7464

Horse Warriors™ is an Operating Center of PATH, International (Professional Association of Therapeutic Horsemanship) Staff are Certified Equine Interaction Professionals and PATH Certified Instructors
www.horsewarriors.com



(L) **POWER PONIES** is our entry level program for kids age 6-11. This 8-week training includes parents working directly with (and often under!) their children, and helps develop patterns of healthy listening and conversation. Programs are available in both Jackson and Star Valley. Jackson programs are offered in a morning or afternoon session. Parents attend weeks 1, 3, 5 and 8, and get to compete along with their children in some of the annual Gymkhana events (tons of fun!). Star Valley programs are offered only in the morning.

Enrollment is by application and is first come, first served. **(Enrollment is currently open for 2021).**

(BELOW) **HORSE WARRIORS™**, the year-round teen program, is open to students ages 12-18. Students who demonstrate safe leadership skills are able to participate in the Mentor Program and help teach the younger riders. Art and outdoor education are focal points of the program, along with learning to create and maintain safe, healthy relationships. **"WE TEACH KINDNESS"** is proudly displayed on our program t-shirts!



MIGHTY MUSTANGS™

Open to riders age 7-11 who have completed a year of Power Ponies™ training.

HORSE WARRIORS™

COURSE INCLUDES:

- KINDNESS FOCUS
- HORSEMANSHIP
- HORSE LANGUAGE/ BODY LANGUAGE
- GROUNDWORK
- RIDING SKILLS
- COMPASSIONATE BOUNDARIES AND SAFETY
- BAREBACK RIDING
- TEAM BUILDING
- GROUP DYNAMICS
- OBSTACLES TRAINING
- TRAIL RIDING
- ART/JOURNALING
- MENTOR TRACK
- WINTER RETREATS
- GYMKHANA
- LOTS OF FUN!!

SUITABLE FOR:

- MIDDLE AND HIGH SCHOOL STUDENTS
- 190 LB WEIGHT LIMIT (HORSE SIZE CONCERNS)
- BOYS & GIRLS AGES 12-18

TO ENROLL:

(307) 690-6124
(307) 883-7464

OR EMAIL FOR AN APPLICATION

YEAR-ROUND LEADERSHIP AND EMPOWERMENT PROGRAM FOR GIRLS AND BOYS AGES 12-18

EXCELLENT SAFETY RECORD
 CERTIFIED INSTRUCTORS
 SMALL GROUP SIZES
 EXCELLENT HORSES

PROGRAMS IN JACKSON AND STAR VALLEY

WWW.HORSEWARRIORS.COM
HORSEWARRIORS@WYOMING.COM

COURSES: WOMEN & GROUPS

Ready FOR **THREE** FUN FILLED DAYS OF HORSE PLAY?

Women & Horses

EQUINE FACILITATED REJUVENATION WORKSHOPS FOR WOMEN



• RIDE • RELAX • REFLECT • REJUVENATE

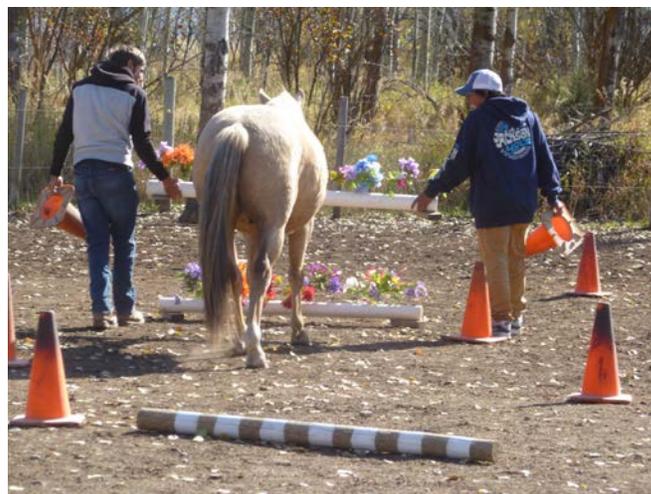
September 10-11-12, 2021
\$425 • includes lunches • Diamondfly Ranch
 THAYNE, WY

OPEN TO RIDERS OF ALL LEVELS
 WE'D LOVE TO HAVE YOU JOIN US!

307-883-7464
 HORSEWARRIORS@WYOMING.COM
 LIMITED TO 6 PARTICIPANTS
 190 LB WEIGHT LIMIT
 www.horsewarriors.com



(L) **WOMEN & HORSES** is our 3-day adventure each fall, and we look forward to it after our busy summer! It's fun, inspiring, relaxing and full of laughs, insights and great camaraderie. It is suitable for riders of all abilities, from beginner to expert - all that is needed is a love of horses! Friendly horses, tasty lunches, beautiful setting - what more could you ask for?



(ABOVE & L) **CORE: Programs for Groups** are individual bookings for up to 12 people. They are day-long programs that include interactive equine activities and lunch. Corporate • Organizational • Relationships • Education are the areas supported by these offerings, and they are suitable for people of many abilities and experience with horses. Please call for 2021 availability (307) 690-6124.

BLESSED GIFTS

WINTER: Wyoming's longest season!

Keeping the ranch open and the horses fed each morning and evening takes a lot of plowing. We always have to be able to get the trailer out in case a horse needs to go to the vet, too, and for many years the Diamondfly owners have generously borne the high cost of plowing (\$\$\$\$!).

This year, thanks to the amazing generosity of **JODY & KEVIN ROCHE**, we were donated a used snow blower that fits the Diamondfly tractor. What a delight that has been! The snow is usually over 4' deep on the ranch, and the pastures fill up fast. Now there is a feeding track around the fields so the horses aren't always eating in one spot - they can always have "clean dinner plates" for every meal! **Thank you, thank you, thank you!!**



WELCOME to Horse Warriors™

STARLIGHT and TOPAZ

Thanks to the kindness of Jennifer Anderson, we now have 2 new horses who needed a loving home. Starlight (bay) is a lovely, sweet, gentle mare who will be a perfect fill-in for Grainne, who is now retired. Topaz (buckskin), is a bit younger than Star and is learning to trust that people will be kind to her. She will be a great addition to our teen riding groups this summer. We are having a lot of fun acclimating them to the HW environment and methods.



WINTER RIDING

One of our biggest projects over the winter is getting our younger and newer horses ready for the summer programs. Our newest mustang, **Dreamer**, has been a student project since fall. This month Dreamer and Sara graduated to riding, after many sessions of grooming, groundwork, driving and trust building. Their goal is to be trail ready by summer - we think that will definitely be achieved!



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Check out Doc - he's 31 and still going strong!! Regular exercise and great feed keep him actively participating!



Please click on image to watch video

IT'S UP TO ALL OF US

We are committed to having a wonderful, full and rewarding summer. That will happen if we all take responsibility for keeping our community safe.

Please help us by practicing care for self and others. Wearing masks is tiresome, but we care that everyone stays healthy and doesn't share anything to make someone else sick.

We are proud of our students who have **WORKED SO HARD** to be able to participate even at an abbreviated level. Our "little kids" who missed last year are jumping with excitement about being able to ride this year.

Our standard protocols include wearing masks during programs, maintaining social distancing, hand washing and cleaning equipment.

We do require that all participants, staff, volunteers and visitors abide by these practices while attending any Horse Warriors™ activities.

We don't want to disappoint any of our riders, and are hoping that our communities will help make their dreams come true by staying healthy. We will get through this by hanging together!

